

Preparations well underway for Poole yachtsman preparing to sail Singlehandedly Non-stop Round Britain and Ireland for Prostate Cancer UK

Lindsay Court is exhibiting the yacht Maggie May at Salterns Marina Poole on Thursday 12th June 4-8pm and everyone is welcome.



Lindsay Court, 63 years old, from Poole, Dorset is sailing singlehanded non stop round Britain and Ireland for Prostate Cancer UK.

Lindsay is setting off on this challenge from Poole Harbour on 22nd June 2014 to help the charity to continue supporting the 250,000 men living with prostate cancer in the UK as well as raising awareness of the disease.



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Lindsay was inspired to take on the challenge to fundraise for Prostate Cancer UK after two of his friends were stricken by prostate cancer recently.

Preparations for the voyage are well underway at Salterns Marina near Poole Dorset. The yacht, Maggie May, a 37.5 foot Beneteau, is being prepared for this very challenging voyage with the latest electronic instruments including AIS transponder, radar and chartplotting software.

Lindsay is preparing for a very tiring schedule of on/off watches to cover the 2000 mile trip which takes in the English Channel, the Western Approaches, Irish Sea, North Atlantic, North Sea returning to Poole Harbour in mid July.

Equipped with a solar charger, generator and batteries the yachts electrical systems have to service a wide range of equipment to ensure Lindsay's safety and communication.

Water supplies and food provisions are sufficient to keep Lindsay in good health and energized for the trip which is estimated to last for just over three weeks.

Lindsay said, "This a tremendous challenge for me to achieve in support of Prostate Cancer UK – it's crucial that we help to bring more funds for research, and more awareness of this awful, killer disease. I am very excited about the voyage ahead and very conscious of the help this can give the Charity. I am particularly concerned to get the message over to my fellow workers in the plumbing and building trades – that there are simple health checks available at your local GP that can identify if you are at risk and allow action to be taken to stop the spread of Prostate Cancer before it is too late"

Mark Bishop, Director of Fundraising at Prostate Cancer UK, said: "We're thrilled with the progress Lindsay is making to take on this challenge to raise funds for Prostate Cancer UK. It is with support like this that we can help provide dedicated support and information to men and their families affected by prostate cancer and fund research to help fight the disease."

"With over 40,000 men diagnosed with prostate cancer each year in the UK and one man dying every hour, it



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is our aim to help more men survive the disease and enjoy a better quality of life. We wish Lindsay every success with his challenge.”

Prostate Cancer UK is currently engaged in its high profile ‘Men United v Prostate Cancer’ campaign, which aims to build a united front of men against the disease. Homeland star Damian Lewis, Game of Thrones hard man Charles Dance, Sir Michael Parkinson and rugby legend Will Carling - some of Britain’s most iconic figures – have already signed for Men United, a unique team ‘managed’ by comedian Bill Bailey. Men are being asked to [sign here](#) where they can also test their health knowledge by taking a quick quiz.

To sponsor Lindsay please visit <http://www.justgiving.com/RoundBritainSailingVoyage>

-Ends-

Notes to editors

Contact details

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About Prostate Cancer UK:

Prostate Cancer UK fights to help more men survive prostate cancer and enjoy a better quality of life. We support men and provide vital information. We find answers by funding research into causes and treatments. And we lead change, raising the profile of the disease and improving care. We believe that men deserve better.

Prostate cancer is the most common cancer diagnosed in men in the UK. Over 40,000 men are diagnosed with prostate cancer every year. Every hour 1 man dies from prostate cancer. One in four Black men will develop prostate cancer at some point in their lives.

Men United – The Facts:



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Men United v Prostate Cancer is our call for men to join together in a movement against the common enemy of prostate cancer. The aim is to build a united front of men against this disease. We want to get the message out about one of the UK's biggest man killers, support men affected by it, and intensify the search for more reliable tests and treatments for the future.

The core audience is men over 45 who urgently need to know about this disease, and to do something about it. Men United is not exclusively for men. This is a movement for men, but women will be critical supporters and activists within it. But, the core idea is that men are very consciously facing their health and banding together to right a wrong.



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